



FRESH START CHECKLIST

Launch a spacecraft. Cook a chicken. Get your driver's license. Anything you start needs a good checklist. Here are a few things to consider if you are ready for a major reboot:

- **Know who you are.** Sounds obvious, but nearly everyone skips this step for one reason—you assume you already know yourself. In truth you may not. Have you ever taken an inventory of your skills, passions, history and experience? This information will inform what you start and what direction you'll travel.
- **Gather your resources.** Starting something also consumes resources. Not just money. Think about your time. Maybe education is involved. What about life adjustments for yourself or your family? Consider what it will take to get where you want to go.
- **Form a think-tank.** There's no better way to get a leg-up on a reboot than to talk to someone who has already traveled the road you are about to go down. Seek out good advice from those who have worn-out shoes. It will help you avoid pitfalls and failures they may have experienced.
- **Don't forget your stretchy pants.** Flexibility is the name of the game. In anything you start, don't lock yourself into a rigid plan that doesn't allow for changing circumstances or unexpected challenges. Give yourself some room to maneuver in schedule and time, resources, deadlines and goals.
- **Be prayed up.** Any decision, anything you initiate in life, is a matter for prayer. God desires to use us to our greatest potential. When you ask Him where to go, He will often give bread-crumbs for you to follow, and equip you spiritually and emotionally along the way.