NEW TESTAMENT INSTRUCTIONS FOR CHRIST-FOLLOWERS

Do you ever wonder what God wants you to do in life and leadership? Consider there are more than 1,000 instructions in the New Testament for Christ-followers to know and obey.

7 "Abstains" — Abstain from:

- 1. Idols (Acts 15:20)
- 2. Fornication (Acts 15:20,29, 1 Thessalonians 4:2-3)
- 3. Strangled meats (Acts 15:20)
- 4. Eating blood (Acts 15:20)
- 5. Meats offered to idols (Acts 15:29)
- 6. All appearance of evil (1 Thessalonians 5:22)
- 7. Fleshly lusts (1 Peter 2:11)

3 "Asks":

- 1. Ask and ye shall receive (Matthew 7:7)
- 2. Ask no return of goods (Luke 6:30)
- 3. Ask life for backsliders (1 John 5:16)

7 things to avoid:

- 1. Troublemakers (Romans 16:17)
- 2. Profane and vain babblings (1 Timothy 6:20)
- 3. False science (1 Timothy 6:20)
- 4. Unlearned questions (2 Timothy 2:23)
- 5. Foolish questions (Titus 3:9)
- 6. Genealogies (Titus 3:9)
- 7. Arguments about the law (Titus 3:9)

2 things to awake to:

- 1. Awake to righteousness (1 Corinthians 15:34)
- 2. Awake to life (Ephesians 5:14)

74 "Be's":

- 1. Be exceeding glad (Matthew 5:12)
- 2. Be reconciled to a brother (Matthew 5:24)
- 3. Be perfect (Matthew 5:48, 2 Corinthians 13:11)
- 4. Be wise as serpents (Matthew 10:16)
- 5. Be harmless as doves (Matthew 10:16)
- 6. Be ready for Christ's coming (Matthew 24:44; Luke 12:40)
- 7. Be content with your wages (Luke 3:14)
- 8. Be merciful as God (Luke 6:36)
- 9. Be like faithful servants (Luke 12:36)
- 10. Be thankful (Colossians 3:15)
- 11. Be at peace among selves (1 Thessalonians 5:13)
- 12. Be patient toward all people (1 Thessalonians 5:14, 2 Timothy 2:24)
- 13. Be no partaker of sin (1 Timothy 5:22)
- 14. Be sober and hope (1 Peter 1:13)
- 15. Be sober and pray (1 Peter 4:7)

- 16. Be sober, grave, temperate, sound in faith, charity, and patience (aged men, Titus 2:2)
- 17. Be sober, love husbands and children (young women, Titus 2:4)
- 18. Be sober minded (young men, Titus 2:6)
- 19. Be in behavior as becoming to saints (aged women, Titus 2:3)
- 20. Be discreet, chaste, keepers at home, good, obedient (young women, Titus 2:5)
- 21. Be ready to give an answer of the hope that is in you (1 Peter 3:15)
- 22. Be of good cheer (John 16:33)
- 23. Be baptized (Acts 2:38)
- 24. Be converted (Acts 3:19)
- 25. Be transformed (Romans 12:2)
- 26. Be kind of brotherly love one to another (Romans 12:10, Ephesians 4:32)
- 27. Be fervent in spirit (Romans 12:11)
- 28. Be patient in tribulation (Romans 12:12)
- 29. Be given to hospitality (Romans 12:13)
- 30. Be afraid, if lawless (Romans 13:4)
- 31. Be no idolater (1 Corinthians 10:7)
- 32. Be followers of Paul as he followed Christ (1 Corinthians 11:1, Philippians 3:17)
- 33. Be followers of God (Ephesians 5:1)
- 34. Be followers of the faithful and patient (Hebrews 6:12)
- 35. Be not children in understanding (1 Corinthians 14:20)
- 36. Be men in understanding (1 Corinthians 14:20)
- 37. Be steadfast (1 Corinthians 15:58)
- 38. Be unmovable (1 Corinthians 15:58)
- 39. Be always abounding in God's work (1 Corinthians 15:58)
- 40. Be strong in the Lord (1 Corinthians 16:13, Ephesians 6:10, 2 Timothy 2:1)
- 41. Be of good comfort (2 Corinthians 13:11)
- 42. Be of one mind (Romans 12:16, 2 Corinthians 13:11; Philippians 2:2; 1 Peter 3:8)
- 43. Be separate from the unclean (2 Corinthians 6:17)
- 44. Be renewed in spirit (Ephesians 4:23)
- 45. Be angry and sin not (Ephesians 4:26)
- 46. Be tender-hearted one to another (Ephesians 4:32)
- 47. Be filled with the Spirit (Ephesians 5:18)
- 48. Be likeminded (Philippians 2:2)
- 49. Be one of accord (Philippians 2:2)
- 50. Be anxious for nothing (Philippians 4:6)
- 51. Be an example to believers in word, conversation, charity, spirit, faith and purity (1 Timothy 4:12)
- 52. Be a partaker of Christian sufferings (2 Timothy 1:8, 1 Peter 4:1)
- 53. Be gentle to all people (2 Timothy 2:24)
- 54. Be apt to teach (2 Timothy 2:24)
- 55. Be prepared in season, out of season (2 Timothy 4:2)
- 56. Be careful to maintain good works (Titus 3:8,14; cp. Matthew 5:16)
- 57. Be content with what you have (Hebrews 13:5)
- 58. Be doers of the Word (James 1:22)
- 59. Be afflicted and mourn (James 4:9)
- 60. Be patient until Christ comes (James 5:7-8)
- 61. Be holy in conversation (behavior) (1 Peter 1:15-16)
- 62. Be pitiful (1 Peter 3:8)

- 63. Be courteous (1 Peter 3:8)
- 64. Be examples of the flock of God, not lord over it (1 Peter 5:3)
- 65. Be subject one to another (1 Peter 5:5)
- 66. Be clothed with humility (1 Peter 5:5)
- 67. Be sober (1 Peter 5:8)
- 68. Be vigilant (1 Peter 5:8)
- 69. Be mindful of prophecies and commandments (2 Peter 3:2)
- 70. Be diligent to be found in peace (2 Peter 3:14)
- 71. Be diligent to be without spot, and blameless (2 Peter 3:14)
- 72. Be faithful to death (Revelation 2:10)
- 73. Be watchful, strengthen self (Revelation 3:2)
- 74. Be zealous and repent (Revelation 3:19)

30 "Be Nots":

- 1. Be not like the hypocrites in prayer (Matthew 6:5)
- 2. Be not like the heathen in prayer (Matthew 6:8)
- 3. Be not as hypocrites in fasting (Matthew 6:16)
- 4. Be not called "Rabbi" (Matthew 23:8)
- 5. Be not called "Master" (Matthew 23:9)
- 6. Be not afraid of man (Luke 12:4)
- 7. Be not of doubtful mind (Luke 12:29)
- 8. Be not many teachers (James 3:1)
- 9. Be not afraid of terror (1 Peter 3:14)
- 10. Be not troubled (1 Peter 3:14)
- 11. Be not ignorant of time with God (2 Peter 3:8)
- 12. Be not deceived: 10 classes not to inherit the kingdom (1.COR 6:9-10)
- 13. Be not conformed to world (Romans 12:2)
- 14. Be not slothful in business (Romans 12:11)
- 15. Be not conceited (Romans 12:16)
- 16. Be not overcome of evil (Romans 12:21)
- 17. Be not mere servants of men (1 Corinthians 7:23)
- 18. Be not children in understanding (1 Corinthians 14:20)
- 19. Be not deceived by evil companions (1 Corinthians 15:33)
- 20. Be not unequally yoked together with unbelievers (2 Corinthians 6:14-15)
- 21. Be not entangled again with keeping the law (Galatians 5:1)
- 22. Be not deceived: man will reap what he sows (Galatians 6:7-8)
- 23. Be not partakers with sinners (Ephesians 5:7)
- 24. Be not unwise about God's will (Ephesians 5:17)
- 25. Be not drunk with wine (Ephesians 5:18)
- 26. Be not weary in well doing (2 Thessalonians 3:13)
- 27. Be not ashamed of God (2 Timothy 1:8)
- 28. Be not slothful (Hebrews 6:12)
- 29. Be not forgetful of strangers (Hebrews 13:2)
- 30. Be not carried about with different strange doctrines (Hebrews 13:9)

14 "Bewares":

- 1. Beware false prophets (Matthew 7:15)
- 2. Beware of people (Matthew 10:17)
- 3. Beware of leaven (doctrine) of Pharisees (Matthew 16:6-12)
- 4. Beware of leaven (doctrine) of Herod (Mark 8:15)
- 5. Beware hypocrisy (Luke 12:1)
- 6. Beware covetousness (Luke 12:15)
- 7. Beware scribes (Mark 12:38)
- 8. Beware lest you despise God and perish (Acts 13:40-41)
- 9. Beware of dogs (false teachers, Philippians 3:2)
- 10. Beware evil workers (Philippians 3:2)
- 11. Beware the concision (Philippians 3:2)
- 12. Beware of being spoiled through philosophy (Colossians 2:8)
- 13. Beware of being spoiled through vain deceit (Philippians 2:8)
- 14. Beware of backsliding (2 Peter 3:17)

4 things to believe:

- 1. The gospel (Mark 1:15)
- 2. God's existence (Hebrews 11:6)
- 3. On Jesus Christ (1 John 3:23)
- 4. God rewards diligent seeking (Hebrews 11:6)

2 Groups to bless:

- 1. Those who curse you (Matthew 5:44, Luke 6:28)
- 2. Persecutors (Romans 12:14)

3 Things to cast out or away:

- 1. The log out of own eyes (Matthew 7:5, Luke 6:42)
- 2. Devils (Matthew 10:8)
- 3. All your cares upon God (1 Peter 5:7)

1 Thing not to believe:

Believe not every spirit (1 John 4:1)

2 Groups to comfort:

- 1. One another-fellow Christians (1 Thessalonians 4:18, 5:11)
- 2. The feeble-minded (1 Thessalonians 5:14)

6 Groups to honor:

- 1. Fathers (Matthew 19:19; Mark 10:19, Luke 18:20, Ephesians 6:2)
- 2. Mothers (Matthew 19:19, Mark 10:19, Luke 18:20, Ephesians 6:2)
- 3. Others (Romans 12:10)
- 4. Widows indeed (1 Timothy 5:3)
- 5. All people (1 Peter2:17)
- 6. Kings, rulers (1 Peter 2:17)

5 Things to charge:

- 1. Men to be blameless (1 Timothy 5:7)
- 2. The rich to be humble (1 Timothy 6:17)
- 3. The rich to trust in God (1 Timothy 6:17)
- 4. The rich to do good works (1 Timothy 6:18)
- 5. The rich to lay hold on eternal life (1 Timothy 6:19)

5 Things to consider:

- 1. The ravens (Luke 12:24)
- 2. The lilies (Luke 12:27-28)
- 3. Truth (2 Timothy 2:7)
- 4. That you are capable of falling (Galatians 6:1)
- 5. Christ (Hebrews 3:1, 12:3)

3 Things to continue in:

- 1. Love (John 15:9)
- 2. Prayer (Romans 12:12, Colossians 4:2)
- 3. Truth (2 Timothy 3:14)

2 Things to covet:

- 1. The best gifts (1 Corinthians 12:31)
- 2. To prophesy (1 Corinthians 14:39)

1 Thing not to cast away:

1. Your confidence in God (Hebrews 10:35)

2 Things to endure:

- 1. Hardness (2 Timothy 2:3)
- 2. Sufferings (2 Timothy 4:5)

Whom to fear:

• God (Matthew 10:28, Luke 12:5; 1 Peter 2:17, Revelation 14:7)

3 Things not to fear:

- 1. Man (Matthew 10:28, Luke 12:5)
- 2. Persecutors (Matthew 10:26)
- 3. No lack of provision (Matthew 10:31, Mark 6:8-9, Luke 12:7)

5 Things to feed:

- 1. Enemies (Romans 12:20)
- 2. Lambs (John 21:15)
- 3. Sheep (John 21:16,17)
- 4. Flock of God (1 Peter 5:2)
- 5. The church (Acts 20:28)

4 Things to flee from:

- 1. Fornication (1 Corinthians 6:18)
- 2. Idolatry (1 Corinthians 10:14)
- 3. Hurtful lusts (1 Timothy 6:9-11)
- 4. Youthful lusts (2 Timothy 2:22)

10 "Dos":

- 1. Do good to them that hate you (Matthew 5:44, Luke 6:27)
- 2. Do to others what you expect of them (Matthew 7:12, Luke 6:31)
- 3. Do violence to no man (Luke 3:14)
- 4. Do good (Luke 6:35, Romans 13:3)
- 5. Do this (put God first) and live (Luke 10:28)
- 6. Do all to God's glory (1 Corinthians 10:31, Colossians 3:17,23)
- 7. Do all things without murmuring and disputing (Philippians 2:14)
- 8. Do those things, which were seen and heard in me (Paul, Philippians 4:9)
- 9. Do your own business (1 Thessalonians 4:11)
- 10. Do the work of an evangelist (2 Timothy 4:5)

10 "Do Nots":

- 1. Do not alms before people (Matthew 6:1)
- 2. Do not sound trumpet before you give alms (Matthew 6:2)
- 3. Do not do works of Pharisees (Matthew 23:3-33)
- 4. Do not love in word only (1 John 3:18)
- 5. Do not believe to fables (1 Timothy 1:4)
- 6. Do not give heed to genealogies (1 Timothy 1:4)
- 7. Do not err (James 1:16)
- 8. Do not commit adultery (James 2:11)
- 9. Do not kill (James 2:11)
- 10. Do not fashion oneself according to former lusts (1 Peter 1:14)

10 Things to follow:

- 1. Christ (Matthew 4:19, 8:22, 16:24; Mark 8:34, 10:21, Luke 9:23, John 21:19)
- 2. Love (1 Corinthians 14:1, 1 Timothy 6:11, 2 Timothy 2:22)
- 3. Good (1 Thessalonians 5:15, 3 John 1:11)
- 4. Righteousness (1 Timothy 6:11, 2 Timothy 2:22)
- 5. Godliness (1 Timothy 6:11)
- 6. Faith (1 Timothy 6:11, 2 Timothy 2:22) (1 Timothy 6:11)
- 7. Patience (1 Timothy 6:11)
- 8. Meekness (1 Timothy 6:11)
- 9. Peace (2 Timothy 2:22, Hebrews 12:14)
- 10. Holiness (Hebrews 12:14)

7 Things about giving:

- 1. **Commanded:** give (Luke 6:38)
- 2. Whom to give to:
 - a. Him that asks (Matthew 5:42, Luke 6:30)
 - b. Needy saints (Romans 12:13)
 - c. God (Colossians 3:17, Revelation 14:7)
- 3. Whom not to give to:
 - a. Give not holy things to rebels (Matthew 7:6)
 - b. Give no place to Satan (Ephesians 4:27)
- 4. What to give:
 - a. Holy things (Matthew 7:6, 10:8)
 - b. Give thanks (Ephesians 5:20, Philippians 4:6, Colossians 3:17, 1 Thessalonians 5:18)
 - c. Give time to reading, exhortation, doctrine (1 Timothy 4:13)
 - d. Give self wholly (1 Timothy 4:15)
 - e. Give glory to God (Revelation 14:7)
- 5. What not to give:
 - a. Give no offence (1 Corinthians 10:32)
 - b. Give no heed of fables and commandments of human beings (Titus 1:14)
- 6. How to give:
 - a. Freely (Matthew 10:8; 2 Corinthians 9:6)
 - b. Good measure (Luke 6:38)
 - c. As God has prospered (1 Corinthians 16:2)
 - d. Willingly (2 Corinthians 8:12)
 - e. With purpose (2 Corinthians 9:7)
 - f. Cheerfully (2 Corinthians 9:7)
- 7. Blessings promised for giving:
 - a. Returns on the basis of giving (Luke 6:38, 2 Corinthians 9:6)
 - b. Reward (Matthew 10:42)
 - c. All grace abounding (2 Corinthians 9:8)
 - d. All sufficiency (2 Corinthians 9:8)
 - e. Eternal righteousness (2 Corinthians 9:9)
 - f. Increased fruits (2 Corinthians 9:10)
 - g. Enrichment in all things (2 Corinthians 9:11)

6 Things to lay aside:

- 1. Wickedness (James 1:21)
- 2. All malice (1 Peter 2:1)
- 3. All guile (1 Peter 2:1)
- 4. All hypocrisies (1 Peter 2:1)
- 5. All envies (1 Peter 2:1)
- 6. All evil speaking (1 Peter 2:1)

7 Things to keep:

- 1. Keep commandments (Matthew 19:17, John 14:15)
- 2. Keep no company with the 6 classes of professed Christians of 1 Corinthians 5:11
- 3. Keep yourself pure (1 Timothy 5:22)
- 4. Keep the gospel commandments until Christ comes (1 Timothy 6:14)
- 5. Keep the good entrusted you (2 Timothy 1:14)
- 6. Keep yourself from idols (1 John 5:21)
- 7. Keep yourself in God's love (Jude 1:21)

5 "Gos":

- 1. Go two miles (Matthew 5:41)
- 2. Go teach (Matthew 28:19-20)
- 3. Go preach (Mark 16:15)
- 4. Go not from house to house (Luke 10:7)
- 5. Go and do likewise (Luke 10:37)

100 "Lets":

- 1. Let your light shine (Matthew 5:16, Luke 12:35)
- 2. Let your conversation be yea, nay (Matthew 5:37, James 5:12)
- 3. Let your enemy have your cloak (Matthew 5:40, Luke 6:29)
- 4. Let blind leaders alone (Matthew 15:14)
- 5. Let everyone deny themselves (Matthew 16:24, Mark 8:34, Luke 9:23)
- 6. Let him take up cross (Matthew 16:24, Mark 8:34, 10:21, Luke 9:23)
- 7. Let him hear (Mark 4:23, Luke 14:35)
- 8. Let him share with the needy (Luke 3:11)
- 9. Let your loins be girded (Luke 12:35)
- 10. Let everyone take your purse and script (Luke 22:36)
- 11. Let him sell his garment, buy sword (Luke 22:36)
- 12. Let your love be genuine (Romans 12:9)
- 13. Let everyone obey the civil laws (Romans 13:1)
- 14. Let everyone choose his own sabbath day (Romans 14:5-7, Colossians 2:14-17)
- 15. Let everyone take heed how he builds upon Christ (1 Corinthians 3:10)
- 16. Let no man deceive himself (1 Corinthians 3:18)
- 17. Let every man have his own wife (1 Corinthians 7:2)
- 18. Let every woman her own husband (1 Corinthians 7:2)
- 19. Let spouses satisfy each other in sexual relations (1 Corinthians 7:4-5)
- 20. Let them who cannot restrain marry (1 Corinthians 7:9)
- 21. Let husbands and wives remain unmarried if they separate or, be reconciled (1 Corinthians 7:11)
- 22. Let the unbelieving ones depart who refuse to remain (1 Corinthians 7:15)
- 23. Let every man abide in his calling (1 Corinthians 7:17-24)
- 24. Let no one seek to erase circumcision (1 Corinthians 7:18)
- 25. Let no one be circumcised (as a religious rite, 1 Corinthians 7:18)
- 26. Let a father give his daughter in marriage if she desires it (1 Corinthians 7:36-38)
- 27. Let him who thinks he stands take heed lest he fall (1 Corinthians 10:12)
- 28. Let no man seek wealth selfishly (1 Corinthians 10:24)
- 29. Let the woman cut her hair if her head is uncovered (1 Corinthians 11:6)
- 30. Let the woman wear a covering if cutting and shaving the hair be a shame (1 Corinthians 11:6)
- 31. Let everyone examine self when taking the Lord's Supper (1 Corinthians 11:28)

- 32. Let the hungry eat at home, not at the Lord's Supper (1 Corinthians 11:34)
- 33. Let the speaker in tongues pray for the interpretation (1 Corinthians 14:13)
- 34. Let all things be done to edifying (1 Corinthians 14:26)
- 35. Let no more than 3 messages in tongues be given in one service (1 Corinthians 14:27)
- 36. Let one interpret (1 Corinthians 14:27)
- 37. Let the mind of Christ be in you (Philippians 2:5)
- 38. Let your moderation be known (Philippians 4:5)
- 39. Let your requests be known to God (Philippians 4:6)
- 40. Let no one judge you with regard to meats, drinks, holy days, new moons, and sabbath days (Colossians 2:14-17, Romans 14:5-7)
- 41. Let no one rob you of your reward by some vain religion (Colossians 2:18)
- 42. Let peace rule the heart (Colossians 3:15)
- 43. Let the Word dwell in you (Colossians 3:16)
- 44. Let speech be with grace (Colossians 4:6)
- 45. Let no one deceive you about the day of Christ being at hand (1 Thessalonians 2:3)
- 46. Let no man despise youth (1 Timothy 4:12)
- 47. Let the speaker in tongues keep silent in church speaking to himself and God if no interpreter present (1 Corinthians 14:28)
- 48. Let the prophets speak two or three messages and let others judge (1 Corinthians 14:29)
- 49. Let times be shared in revelation (1 Corinthians 14:30)
- 50. Let women learn quietly in church or at home (1 Corinthians 14:34-35, 1 Timothy 2:11)
- 51. Let everyone acknowledge regulation of spiritual gifts to be of God (1 Corinthians 14:37)
- 52. Let rebels to truth remain ignorant (1 Corinthians 14:38)
- 53. Let all things be done in decent order (11 Corinthians 16:2)
- 54. Let everyone give as God prospers (1 Corinthians 16:2)
- 55. Let all things be done in love (1 Corinthians 16:14)
- 56. Let everyone give cheerfully (2 Corinthians 9:7)
- 57. Let rebels to truth be accursed (1 Corinthians 16:22; Galatians 1:8-9)
- 58. Let everyone prove their own work (Galatians 6:4)
- 59. Let those taught support the teacher (Galatians 6:6)
- 60. Let the thief steal no more (Ephesians 4:28)
- 61. Let the thief labor instead of stealing to have to give to others (Ephesians 4:28)
- 62. Let no corrupt conversation come from your mouth (Ephesians 4:29)
- 63. Let bitterness, wrath, anger, clamor, evil speaking, and malice be put away (Ephesians 4:31)
- 64. Let no man deceive you with vain words (Ephesians 5:6)
- 65. Let the wives be subject to their husbands (Ephesians 5:22,24, Colossians 3:18, 1 Peter 3:1-6)
- 66. Let the husbands love their wives (Ephesians 5:25,28,33; Colossians 3:19, 1 Peter 3:7)
- 67. Let the wives reverence their husbands (Ephesians 5:33)
- 68. Let your conversation be becoming of the gospel (Philippians 1:27)
- 69. Let nothing be done through strife or vain glory (Philippians 2:3)
- 70. Let each esteem other better than himself (Philippians 2:3)
- 71. Let worthy elders be doubly honored (paid) (1 Timothy 5:17)
- 72. Let servants honor masters (1 Timothy 6:1)
- 73. Let masters respect servants (1 Timothy 6:2)
- 74. Let every Christian depart from iniquity (2 Timothy 2:19)
- 75. Let no man despise you (Titus 2:15)
- 76. Let brotherly love continue (Hebrews 13:1)
- 77. Let conversation be without covetousness (Hebrews 13:5)

- 78. Let patience work perfectly (James 1:4)
- 79. Let one who lacks, ask for wisdom (James 1:5)
- 80. Let him ask in faith (James 1:6)
- 81. Let the exalted rejoice (James 1:9)
- 82. Let the humble rejoice (James 1:10)
- 83. Let no man lay temptation to God (James 1:13)
- 84. Let everyone be swift to hear, slow to speak, slow to wrath (James 1:19)
- 85. Let the wise demonstrate wisdom and knowledge (James 3:13)
- 86. Let the light-hearted sinners become remorseful (James 4:9)
- 87. Let the afflicted pray (James 5:13)
- 88. Let the merry sing psalms (James 5:13)
- 89. Let the sick call elders (James 5:14)
- 90. Let elders pray for sick, anointing with oil (James 5:14-15)
- 91. Let adorning be more inward than outward (1 Peter 3:3-4, 1 Timothy 2:9-10)
- 92. Let everyone refrain tongue from evil, and lips from guile (1 Peter 3:10)
- 93. Let everyone shun evil, do good, seek peace and pursue it (1 Peter 3:11)
- 94. Let ministers speak for God (1 Peter 4:11)
- 95. Let no one suffer as a murderer, thief, evildoer, or busybody (1 Peter 4:15)
- 96. Let no one be ashamed to suffer as a Christian, but be thankful (1 Peter 4:16)
- 97. Let Christian sufferers commit their souls to God (1 Peter 4:19)
- 98. Let eternal life abide in you (1 John 2:24-25)
- 99. Let no man deceive you about being righteous (1 John 3:7)
- 100. Let him that hath an ear, hear (Revelation 2:7,11,17,29, 3:6,13,22)

7 "Haves":

- 1. Have faith (Mark 11:22, Romans 14:22-23)
- 2. Have no fellowship with darkness (Ephesians 5:11)
- 3. Have no respect of persons (1 Timothy 5:21, James 2:1-10)
- 4. Have honest conversation (1 Peter 2:12)
- 5. Have compassion (1 Peter 3:8, Jude 1:22)
- 6. Have a good conscience (1 Peter 3:16)
- 7. Have fervent love (1 Peter 4:8)

14 "Holds":

- 1. Hold forth Word of life (Philippians 2:16)
- 2. Hold fast to the good (1 Thessalonians 5:21)
- 3. Hold Christian traditions (1 Timothy 1:19, 3:9)
- 4. Hold faith (1 Timothy 1:19)
- 5. Hold a good conscience (1 Timothy 1:19)
- 6. Hold fast sound doctrine (2 Timothy 1:13)
- 7. Hold fast till Christ comes (Revelation 2:25)
- 8. Hold fast what you have (Revelation 3:11)
- 9. Hold your crown (Revelation 3:11)
- 10. Hold reputation of ministers (Philippians 2:29)
- 11. Hold eternal life (1 Timothy 6:12,19)
- 12. Hold hope (Hebrews 6:18)
- 13. Hold confidence (Hebrews 3:6,14)
- 14. Hold what is heard and received (Revelation 3:3)

12 "Let Nots":

- 1. Let not your left hand know what the right hand does (Matthew 6:3)
- 2. Let not man sever those who are married (Matthew 19:6)
- 3. Let not good be evil spoken of (Romans 14:16)
- 4. Let not sin reign in the body (Romans 6:12)
- 5. Let not him that eats despise him that does not (Romans 14:3)
- 6. Let not him that eats not judge him that does (Romans 14:3)
- 7. Let not the wife depart from her husband (1 Corinthians 7:10)
- 8. Let not the husband put away his wife (1 Corinthians 7:11)
- 9. Let not the Christian put away the unsaved companion who wishes to remain (1 Corinthians 7:12,13)
- 10. Let not the sun go down on wrath (Ephesians 4:26)
- 11. Let not fornication, uncleanness, covetousness, filthiness, foolish talking, and jesting be mentioned among you as becometh saints (Ephesians 5:3-4)
- 12. Let not unworthy widows be supported by the church (1 Timothy 5:9-16)

42 "Let us":

- 1. Let us walk honestly (Romans 13:12)
- 2. Let us cast off works of darkness (Romans 13:12)
- 3. Let us put on armor of light (Romans 13:12)
- 4. Let us follow things of peace (Romans 14:9)
- 5. Let us follow things that edify (Romans 14:19)
- 6. Let us please neighbor for good (Romans 15:2-3)
- 7. Let us be sincere (1 Corinthians 5:8)
- 8. Let us not commit fornication (1 Corinthians 10:2-3)
- 9. Let us not tempt Christ (1 Corinthians 10:9)
- 10. Let us not murmur (1 Corinthians 10:10)
- 11. Let us cleanse ourselves from the filthiness of body and spirit (2 Corinthians 7:1)
- 12. Let us perfect holiness (2 Corinthians 7:1)
- 13. Let us walk in the Spirit (Galatians 5:25)
- 14. Let us not desire vain glory (Galatians 5:26)
- 15. Let us not provoke one another (Galatians 5:26)
- 16. Let us not envy one another (Galatians 5:26)
- 17. Let us not be weary in well doing (Galatians 6:9)
- 18. Let us do good to all people (Galatians 6:10)
- 19. Let us do good especially to fellow Christians (Galatians 6:10)
- 20. Let us who are mature press forward toward the mark (PHIL 3:14-15)
- 21. Let us walk by the same rule (PHIL 3:16)
- 22. Let us mind the same thing (PHIL 3:16)
- 23. 23. Let us not sleep spiritually (1.THESS 5:6)
- 24. 24. Let us watch and be sober (1.THESS 5:6,8)
- 25. Let us be content with food and raiment (1 Timothy 6:8)
- 26. Let us fear losing the soul (Hebrews 4:1-2)
- 27. Let us labor to be saved (Hebrews 4:11)
- 28. Let us hold fast our profession (Hebrews 10:23)
- 29. Let us come boldly to the throne of grace (HEB 4:16; Hebrews 10:19-23)
- 30. Let us go on to perfection (Hebrews 6:1)
- 31. Let us draw near to God (Hebrews 10:22)

- 32. Let us provoke to love and good works (Hebrews 10:24)
- 33. Let us not forsake assembling in worship (Hebrews 10:25)
- 34. Let us exhort one another (Hebrews 10:25)
- 35. Let us lay aside every weight (Hebrews 12:1)
- 36. Let us lay aside besetting sin (Hebrews 12:1)
- 37. Let us run race with patience (Hebrews 12:1)
- 38. Let us look to Jesus (Hebrews 12:2)
- 39. Let us have grace to serve God (Hebrews 12:28)
- 40. Let us bear Christ's reproach (Hebrews 13:13)
- 41. Let us offer our sacrifice of praise to God continually (Hebrews 13:15)
- 42. Let us love one another (1 John 4:7,11)

8 "Let Us Not's":

- 1. Let us not walk in rioting (Romans 13:13)
- 2. Let us not walk in drunkenness (Romans 13:13)
- 3. Let us not walk in chambering (Romans 13:13)
- 4. Let us not walk in wantonness (Romans 13:13)
- 5. Let us not walk in strife (Romans 13:13)
- 6. Let us not walk in envying (Romans 13:13)
- 7. Let us not judge one another in doubtful things (Romans 14:13)
- 8. Let us not cause others to stumble (Romans 14:13)

3 Ways to live:

- 1. Live peacefully (Romans 12:18; 2 Corinthians 13:11)
- 2. Live free from anxiety and undue care (1 Corinthians 7:28-35)
- 3. Live no longer in lusts of sin (1 Peter 4:2)

4 Commands to "Love":

- 1. Love your enemies (Matthew 5:44, Luke 6:27,35)
- 2. Love your fellow Christians (John 13:34, 15:12,17, Galatians 5:14, 1 Peter 2:17, 1 John 3:23, 2 John 1:5)
- 3. Love the brotherhood (1 Peter 2:17)
- 4. Love your brother (1 John 4:21)

2 Things not to love:

- 1. The world (1 John 2:15)
- 2. Things in the world (1 John 2:15)

3 Ways to love:

- 1. Fervently (1 Peter 2:22)
- 2. With a pure heart (1 Peter 2:22)
- 3. As brethren (1 Peter 3:8)

One Person to pray to:

Pray to thy Father (Matthew 6:6, 6:9, John 16:23-26)

3 Things to pray for:

- 1. Your persecutors (Matthew 5:44, Luke 6:28)
- 2. For laborers (Matthew 9:38, Luke 10:2)
- 3. For one another (James 5:16)

2 Ways not to pray:

- 1. Use not vain repetitions like the heathen (Matthew 6:7)
- 2. Do not pray as hypocrites (Matthew 6:5)

3 Ways to pray:

- 1. After this manner pray (Matthew 6:9-13)
- 2. Ask, seek, knock (Matthew 7:7-11)
- 3. Pray in the Spirit (Jude 1:20)

4 Things to prove:

- 1. Prove yourself (2 Corinthians 13:5)
- 2. Prove what is acceptable to God (Ephesians 5:10)
- 3. Prove all things (1 Thessalonians 5:21)
- 4. Prove accusations against elders (1 Timothy 5:19)

2 Commands to rejoice:

- 1. Rejoice (Matthew 5:12, Romans 15:10)
- 2. Rejoice evermore (1 Thessalonians 5:16)

8 "Put Aways":

- 1. Put away wicked people from the congregation (1 Corinthians 5:13)
- 2. Put away lying (Ephesians 4:25)
- 3. Put away all bitterness (Ephesians 4:31)
- 4. Put away wrath (Ephesians 4:31)
- 5. Put away anger (Ephesians 4:31)
- 6. Put away clamor (Ephesians 4:31)
- 7. Put away evil speaking (Ephesians 4:31)
- 8. Put away all malice (Ephesians 4:31)

6 "Put Offs":

- 1. Put off the old man (Ephesians 4:22, Colossians 3:9)
- 2. Put off anger (Colossians 3:8)
- 3. Put off wrath (Colossians 3:8)
- 4. Put off malice (Colossians 3:8)
- 5. Put off blasphemy (Colossians 3:8)
- 6. Put off filthy conversation (Colossians 3:8)

12 "Put Ons":

- 1. Put on Christ (Romans 13:14)
- 2. Put on the armor of light (Romans 13:12)
- 3. Put on the new man (Ephesians 4:24, Colossians 3:10)
- 4. Put on the whole armor of God (Ephesians 6:11,13)

- 5. Put on the bowels of mercy (Colossians 3:12)
- 6. Put on kindness (Colossians 3:12)
- 7. Put on humility (Colossians 3:12)
- 8. Put on meekness (Colossians 3:12)
- 9. Put on longsuffering (Colossians 3:13)
- 10. Put on love (Colossians 3:14)
- 11. Put on the breastplate of faith and love (1 Thessalonians 5:8)
- 12. on the hope of salvation (1 Thessalonians 5:8)

One class not to rebuke:

• Elders (1 Timothy 5:1)

3 Things to rebuke:

- 1. Certain sinners (1 Timothy 5:20)
- 2. Rebels (Titus 1:13)
- 3. Works of darkness (Ephesians 5:11)

2 Ways to rebuke:

- 1. With all authority (Titus 2:15)
- 2. With all longsuffering (2 Timothy 4:2)

4 Things to rejoice in:

- 1. Hope (Romans 12:12)
- 2. Blessings of others (Romans 12:15)
- 3. The Lord (Philippians 3:1, Philippians 4:4)
- 4. Suffering for Christ (1 Peter 4:13)

5 Things to remember:

- 1. What you are saved from (Ephesians 2:11-12)
- 2. Those who suffer (Hebrews 13:3)
- 3. Those who lead you (Hebrews 13:7)
- 4. Truth (Jude 17,18, Revelation 3:3)
- 5. Backsliding, and repent (Revelation 2:5)

4 Things to seek:

- 1. God's kingdom first (Matthew 6:33; LK 12:31)
- 2. God in prayer (Matthew 7:7)
- 3. To edify the church (1 Corinthians 14:12)
- 4. Things above (Colossians 3:1)

One command to stand fast:

Stand fast, and hold Christian traditions (2 Thessalonians 2:15)

3 Things to stand fast with:

- 1. Loins girt about with truth
- 2. Breastplate of righteousness
- 3. Feet shod with the preparation of the gospel of peace (Ephesians 6:14-15)

5 Things to stand in:

- 1. Faith (1 Corinthians 16:13)
- 2. Liberty (Galatians 5:1)
- 3. One spirit (Philippians 1:27)
- 4. One mind (Philippians 1:27)
- 5. The Lord (Philippians 4:1)

8 Things to think on:

- 1. Things about your true self (Romans 12:3, 1 Corinthians 3:18)
- 2. Things true
- 3. Things honest
- 4. Things just
- 5. Things pure
- 6. Things lovely
- 7. Things of good report
- 8. Things of virtue (Philippians 4:8)

One way to think:

• Think soberly (Romans 12:3)

5 Commands to "submit":

- 1. Submit one to another (Ephesians 5:21)
- 2. Submit to God (James 4:7)
- 3. Submit to every ordinance of man (1 Peter 2:13-14, Romans 13:1-8)
- 4. Younger ones are to submit to their elders (1 Peter 5:5)
- 5. Wives must submit to their husbands (Ephesians 5:22, Colossians 3:18, 1 Peter 3:1-6)

12 "Takes":

- 1. Take no anxious thought for necessities of life (Matthew 6:25,31, Luke 12:22-30)
- 2. Take no anxious thought of tomorrow (Matthew 6:34)
- 3. Take no anxious thought of defense (Matthew 10:19; Mark 13:9-11, Luke 12:11-12, 21:14)
- 4. Take my yoke upon you (Matthew 11:29)
- 5. Take advantage of freedom (1 Corinthians 7:21)
- 6. Take the Lord's Supper in remembrance of Christ (1 Corinthians 11:24-26)
- 7. Take the shield of faith (Ephesians 6:16)
- 8. Take the helmet of salvation (Ephesians 6:17)
- 9. Take the sword of the Spirit (Ephesians 6:17)
- 10. Take oversight of the flock willingly (1 Peter 5:2)
- 11. Take oversight of the flock without thought of personal gain (1 Peter 5:2)
- 12. Take a humble seat (Luke 14:8)

17 "Take Heeds":

- 1. Take heed that you do not alms to be seen by people (Matthew 6:1)
- 2. Take heed not to despise little ones (Matthew 18:10)
- 3. Take heed not to be deceived (Matthew 24:4, Mark 13:5, Luke 21:8)
- 4. Take heed what you hear (Mark 4:24)
- 5. Take heed how you hear (Luke 8:18)
- 6. Take heed to walk in the light (Luke 11:35)
- 7. Take heed to rebuke and forgive (Luke K 17:3)
- 8. Take heed not to get drunk (Luke 21:34)
- 9. Take heed not to surfeit (Luke 21:34)
- 10. Take heed not to be overcome with cares (Luke 21:34)
- 11. Take heed to yourselves (Matthew 13:9, Luke 17:3, 21:34, Acts 20:28)
- 12. Take heed to the flock of God (Acts 20:28)
- 13. Take heed lest you misuse your liberty (1 Corinthians 8:9)
- 14. Take heed lest you fall (1 Corinthians 10:12, Romans 11:21)
- 15. Take heed to your ministry (Colossians 4:17)
- 16. Take heed that you destroy not one another (Galatians 5:15)
- 17. Take heed to yourself and your doctrine (1 Timothy 4:16)

2 Ways not to walk:

- 1. As Sinners (Ephesians 4:17)
- 2. As fools (Ephesians 5:15)

4 "Thou Shalts":

- 1. Thou shalt worship God only (Matthew 4:10, Luke 4:8)
- 2. Thou shalt serve God only (Matthew 4:10, Luke 4:8)
- 3. Thou shalt love neighbors as yourself (Matthew 5:43, 19:19, 22:39, Mark 12:31, Luke 10:27; Romans 13:9, Galatians 5:14)
- 4. Thou shalt love God wholeheartedly (Matthew 22:37, Mark 12:30, Luke 10:27)

7 Things to walk in:

- 1. The Spirit (Galatians 5:16)
- 2. Love (Ephesians 5:2)
- 3. The light (Ephesians 5:8-9, 1 John 1:7)
- 4. Watchfulness (Ephesians 6:18)
- 5. Christ (Colossians 2:6-7, 2 Corinthians 5:17)
- 6. Wisdom (Colossians 4:5)
- 7. Honesty (1 Thessalonians 4:12)

8 "Thou Shalt Nots":

- 1. Thou shalt not tempt the Lord (Matthew 4:7, Luke 4:12)
- 2. Thou shalt not kill (Matthew 5:21, 19:18, Mark 10:19, Luke 18:20, Romans 13:9)
- 3. Thou shalt not commit adultery (Matthew 5:27-28, 19:18, Luke 18:20, Romans 13:9)
- 4. Thou shalt not pray to be seen by people (Matthew 6:5)
- 5. Thou shalt not steal (Matthew 19:18, Mark 10:19, Luke 18:20, Romans 13:9)
- 6. Thou shalt not bear false witness (Matthew 19:18, Mark 10:19, Luke 18:20, Romans 13:9)
- 7. Thou shalt not covet (Romans 13:9)
- 8. Thou shalt not muzzle the ox treading corn (1 Corinthians 9:9, 1 Timothy 5:18)

2 Eternal rights of the redeemed:

- 1. Right to the tree of life
- 2. Right to enter the New Jerusalem

199 Miscellaneous Commands:

- 1. Abhor what is evil (Romans 12:9)
- 2. A leader must be (see characteristics of, 1 Timothy 3:2-7, Titus 1:6-9)
- 3. Abide in Christ (John 15:4)
- 4. Abide with worthy ones (Matthew 10:11-13, Mark 6:10, Luke 9:4, 10:5-8)
- 5. Accuse none falsely (Luke 3:14)
- 6. Add to Christian graces (2 Peter 1:5-7)
- 7. Admit your own unprofitableness (Luke 17:10)
- 8. Admonish one another (Colossians 3:16)
- 9. Admonish the unruly (2 Thessalonians 3:15)
- 10. Agree with your adversary (Matthew 5:25)
- 11. Allow no liberty to ensnare you to commit sin (1 Corinthians 10:25-30)
- 12. Allow no lust of evil in your body (1 Thessalonians 4:5)
- 13. Allow no cursing and blessing from the same mouth (James 3:10)
- 14. Anoint your head and wash face when fasting (Matthew 6:17)
- 15. Arm yourself with a mind to suffer for Christ (1 Peter 4:1)
- 16. Avenge not yourself (Romans 12:19)
- 17. Awake from death to light (Ephesians 5:14)
- 18. Bear one another's burdens (Galatians 6:2)
- 19. Behave like men (1 Corinthians 16:13)
- 20. Bid no false teacher "Godspeed" (2 John 1:10-11)
- 21. Bring proof of your repentance (Matthew 3:8; Luke 3:8)
- 22. Bring your children up in the Lord (Ephesians 6:4)
- 23. Build up your faith (Jude 1:20)
- 24. Call the poor to your feast (Luke 14:13)
- 25. Children, obey your parents (Ephesians 6:1, Colossians 3:20)
- 26. Cleanse the lepers (Matthew 10:8)
- 27. Cleanse your hands you sinners (James 4:8)
- 28. Cleave to good (Romans 12:9)
- 29. Collect just dues only (Luke 3:13)
- 30. Come out from among them (2 Corinthians 6:17)
- 31. Command and teach these things (1 Timothy 4:11; 1 Timothy 6:2)
- 32. Commit the truth to faithful teachers (2 Timothy 2:2)
- 33. Confess your faults one to another (James 5:16)
- 34. Count it joy when you are tempted (James 1:2)
- 35. Cut off offending members (Matthew 5:29-30, 18:8,9)
- 36. Deacons must be (see 1 Timothy 3:8-12)
- 37. Defraud not (Mark 10:19)
- 38. Desire spiritual gifts (1 Corinthians 14:1)
- 39. Desire the milk of the Word (1 Peter 2:2)
- 40. Despise not prophesyings (1 Thessalonians 5:20)
- 41. Destroy none with non-essentials (Romans 14:15, 1 Corinthians 8:13)
- 42. Draw near to God (James 4:8)
- 43. Eat your own bread in quietness (2 Thessalonians 3:12)

- 44. Earnestly contend for faith (Jude 1:3)
- 45. Edify yourselves with singing (Ephesians 5:19)
- 46. Edify one another (1 Thessalonians 5:11)
- 47. Enter the straight (narrow) gate (Matthew 7:13; Luke 13:24)
- 48. Examine yourself as to faith (2 Corinthians 13:5)
- 49. Exercise in godliness (1 Timothy 4:7-8)
- 50. Exhort servants to obey (Titus 2:9-10)
- 51. Exhort one another daily (Hebrews 3:13)
- 52. Fear not (Luke 12:32)
- 53. Fight the good fight of faith (1 Timothy 6:12)
- 54. Follow peace and holiness (Hebrews 12:14)
- 55. Forbear one another (Colossians 3:13)
- 56. Forbid not children (Matthew 19:14, Mark 10:14, Luke 18:16)
- 57. Forbid not tongues (1 Corinthians 14:39)
- 58. Forget not to share (Hebrews 13:16)
- 59. Forgive 490 times (Matthew 18:22)
- 60. Forgive (Matthew 11:25-26, Luke 6:37, Ephesians 4:32, Colossians 3:13)
- 61. Fret not in servitude (2 Corinthians 7:21)
- 62. Gird up loins of mind (1 Peter 1:13)
- 63. Give place to wrath (Romans 12:19)
- 64. Give your enemy a drink of water (Romans 12:20)
- 65. Give no occasion to the adversary (1 Timothy 5:14)
- 66. Glorify God in your body and spirit (2 Corinthians 6:20)
- 67. Grieve not the Holy Spirit (Ephesians 4:30)
- 68. Grow in grace and knowledge (2 Peter 3:18)
- 69. Grudge not against another (James 5:9)
- 70. Harden not your hearts (Hebrews 3:8-15)
- 71. Hate flesh-spotted garments (Jude 1:23)
- 72. Have no respect of persons (partiality, prejudice) (1 Timothy 5:21)
- 73. Have the same love (Philippians 2:2)
- 74. Have no fellowship with works of darkness (Ephesians 5:11)
- 75. Heal the sick (Matthew 10:8, Luke 10:9)
- 76. Help propagate truth (2 John 1:8)
- 77. Humble yourselves (James 4:10, 1 Peter 5:6)
- 78. Husbands, love your wives (Ephesians 5:25,28, Colossians 3:19, 1 Peter 3:7)
- 79. Husbands, be not bitter against your wives (Colossians 3:19)
- 80. Instruct rebels in meekness (2 Timothy 2:25)
- 81. Intreat others according to 1 Timothy 5:1-2.
- 82. Judge not (Matthew 7:1, Luke 6:37)
- 83. Have faith before God for things not condemned in Scripture (Romans 14:22-23)
- 84. Know how to control your body (1 Thessalonians 4:4)
- 85. Lay not up your treasures on earth (Matthew 6:19)
- 86. Lay up your treasures in heaven (Matthew 6:20, Luke 12:33-34)
- 87. Lay hold on eternal life (1 Timothy 6:12)
- 88. Leave your parents and cleave to your wife (Matthew 19:5, Mark 10:7, Ephesians 5:31)
- 89. Lend, hoping for nothing back (Luke 6:35)
- 90. Lie not (Colossians 3:9)
- 91. Lift up hands that hang down (Hebrews 12:12)

- 92. Look not everyone on your own things only (Philippians 2:4)
- 93. Look diligently not to fail of grace (Hebrews 12:15)
- 94. Look diligently lest any root of bitterness defile (Hebrews 12:15)
- 95. Look diligently lest any be a fornicator (Hebrews 12:16-17)
- 96. Look to yourselves not to lose reward (2 John 1:8)
- 97. Look for mercy unto eternal life (Jude 1:21)
- 98. Lust not after evil things (1 Corinthians 10:6)
- 99. Make a tree good or corrupt (Matthew 12:33)
- 100. Make no provision for lusts (Romans 13:14)
- 101. Make full proof of ministry (2 Timothy 4:5)
- 101. Make straight paths (Hebrews 12:13)
- 102. Mark troublemakers (Romans 16:17, Philippians 3:17)
- 103. Mark the unruly (2 Thessalonians 3:14)
- 104. Marvel not if you are hated by the world (1 John 3:13)
- 105. Masters, be good to servants (Ephesians 5:9, Colossians 4:1)
- 106. Meditate upon things of 1 Timothy 4:15
- 107. Mind not the high things (Romans 12:16)
- 108. Minister as good stewards (1 Peter 4:10)
- 109. Mortify offending physical members (Colossians 3:5, Romans 8:12-13)
- 110. Neither be of doubtful mind (Luke 12:29)
- 111. No man is to defraud his brother (1 Thessalonians 4:6)
- 112. Neglect not spiritual gifts (1 Timothy 4:14)
- 113. Obey your leaders (Hebrews 13:17)
- 114. Offer the other cheek (Matthew 5:39, Luke 6:29)
- 115. Ordain no one in a hurry (1 Timothy 5:22)
- 116. Owe nothing but love (Romans 13:8)
- 117. Overcome evil with good (Romans 12:21)
- 118. Pass the time in fear (1 Peter 1:17)
- 119. Pay your taxes (Romans 13:6)
- 120. Pay just dues (Romans 13:7)
- 121. Praise the Lord (Romans 15:11)
- 122. Preach (Matthew 10:7,27, Mark 16:15, 2 Timothy 4:2)
- 123. Present your body to God (Romans 12:1)
- 124. Provide things honestly (Romans 12:17)
- 125. Provoke not your children to wrath (Ephesians 6:4, Colossians 3:21)
- 126. Purge out the old leaven (evil influence) (1 Corinthians 5:7)
- 127. Purify your hearts of doubt (James 4:8)
- 128. Put others in remembrance of the essentials (2 Timothy 2:14)
- 129. Quench not the Spirit (1 Thessalonians 5:19)
- 130. Raise the dead (Matthew 10:8)
- 131. Receive (accept) weak brethren (Romans 14:1)
- 132. Receive one another (Romans 15:7)
- 133. Receive the Word with meekness (James 1:21)
- 134. Reckon yourself as dead to sin (Romans 6:11)
- 135. Reckon yourself as alive to God (Romans 6:11)
- 136. Recognize the truth (1 Corinthians 10:15)
- 137. Redeem the time (Ephesians 5:16, Colossians 4:5)
- 138. Reject heretics (Titus 3:10)

- 139. Refuse to support young widows with church funds (1 Timothy 5:11)
- 140. Remind people of the seven things of Titus 3:1-2
- 141. Render no evil for evil (1 Peter 3:9, Romans 12:17)
- 142. Repent (Matthew 3:2, 4:17, Mark 1:15, Acts 2:38, 3:19, Revelation 2:16, 3:19)
- 143. Resist not evil (Matthew 5:38-39)
- 144. Resist the devil (James 4:7, 1 Peter 5:9)
- 145. Restore backslider in meekness, considering your own life (Galatians 6:1)
- 146. Run to obtain (1 Corinthians 9:24)
- 147. Salute none by the way (Luke 10:4)
- 148. Salute your leaders (Hebrews 13:24)
- 149. Sanctify God in your heart (1 Peter 3:15)
- 150. Save some with fear (Jude 1:23)
- 151. Search the Scriptures (John 5:39)
- 152. Seek not eats and drinks (Luke 12:29)
- 153. Sell to help the needy (Luke 12:33)
- 154. Serve the Lord (Romans 12:1)
- 155. Servants, obey masters (Ephesians 6:5-8, Colossians 3:22-25; 1 Peter 2:18)
- 156. Set the least to judge (1 Corinthians 6:4)
- 157. Set your affections above (Colossians 3:2)
- 158. Shake off the dust of your feet (Matthew 10:14; Mark 6:11, Luke 9:5, 10:10-11)
- 159. Show charity to other ministers (Luke 9:49-50)
- 160. Show yourself as a pattern (Titus 2:7)
- 161. Show four things of Titus 2:7-8.
- 162. Sin not (1 Corinthians 15:34)
- 163. Sing with grace in heart (Colossians 3:16)
- 164. Shun vain babblings (2 Timothy 2:16)
- 165. Speak and do things in view of the judgment day (James 2:12)
- 166. Speak truth (Ephesians 4:25)
- 167. Speak sound doctrine (Titus 2:1)
- 168. Speak no evil of your brethren (James 4:11)
- 169. Stablish your hearts (James 5:8)
- 170. Strengthen your feeble knees (Hebrews 12:12)
- 171. Strive together for the gospel faith (Philippians 1:27)
- 172. Study to be quiet (1 Thessalonians 4:11)
- 173. Study (be diligent) to show yourself approved (2 Timothy 2:15)
- 174. Support the weak (1 Thessalonians 5:14)
- 175. See that no one renders evil for evil (1 Thessalonians 5:15)
- 176. Swear not (James 5:12, Matthew 5:33-36)
- 177. Tarry one for another (1 Corinthians 11:33)
- 178. Tarry for power (Luke 24:49, Acts 1:4-8)
- 179. Teach one another (Colossians 3:16)
- 180. Teach no other doctrine that the truth (1 Timothy 1:3)
- 181. Tell your brother his fault alone first (Matthew 18:15-17)
- 182. Trust God for your needs as you work (Matthew 10:9; Luke 9:3, 10:4)
- 183. Understand the will of God (Ephesians 5:17)
- 184. Use not your liberty as an occasion to sin (Galatians 5:13, 1 Peter 1:16)
- 185. Use hospitality without grudging (1 Peter 4:9)
- 186. Warn the unruly (1 Thessalonians 5:14)

- 187. Watch and pray (Matthew 24:42, 25:13, Mark 13:33,35, 14:38, Luke 21:36, Ephesians 6:18, Colossians 4:2)
- 188. Watch in all things (2 Timothy 4:5, 1 Corinthians 16:13)
- 189. Weep with others (Romans 12:15)
- 190. Withdraw from disorderly brethren (2 Thessalonians 3:6,14)
- 191. Withdraw from evil people (1 Timothy 6:3-6)
- 192. Wives of deacons must be (see 1 Timothy 3:11)
- 193. Wives, submit to your husbands (Ephesians 5:22, Colossians 3:18; 1 Peter 3:1-6)
- 194. Work with your own hands (1 Thessalonians 4:11)
- 195. Work, or do not eat (2 Thessalonians 3:10-11)
- 196. Work out own salvation (Philippians 2:12)
- 197. Yield not your members to sin (Romans 6:13)
- 198. Yield yourself to God (Romans 6:13)
- 199. Yield your members to righteousness (Romans 6:13)